



Travelling with a ball						
Reception	Y1	Y2	Y3	YR 4	YR 5	YR 6
<ul style="list-style-type: none"> Move a ball in different ways, including bouncing and kicking Use equipment to control a ball 	<ul style="list-style-type: none"> Travel with a ball in different ways. Travel with a ball in different directions (side to side, forwards and backwards with control and fluency) 	<ul style="list-style-type: none"> Bounce and kick a ball whilst moving Use kicking skills in a game Use dribbling skills in a game. 	<ul style="list-style-type: none"> Move with the ball in a variety of ways with some control Use two different ways of moving with a ball in a game 	<ul style="list-style-type: none"> Move with the ball using a range of techniques showing control and fluency 	<ul style="list-style-type: none"> Use a variety of ways to dribble in a game with success Use ball skills in various ways, and begin to link together. 	<ul style="list-style-type: none"> Show confidence in using ball skills in various ways in a game situation, and link these together.
Throwing and Catching						
<ul style="list-style-type: none"> Roll equipment in different ways. Throw underarm. Throw an object at a target. Catch equipment using both hands 	<ul style="list-style-type: none"> Throw underarm and overarm Catch and bounce a ball Use rolling skills in a game Practise accurate throwing and consistent catching 	<ul style="list-style-type: none"> Use throwing and catching skills in a game Use hand-eye coordination to control a ball. 	<ul style="list-style-type: none"> Throw a ball in different ways (e.g. high, low, fast or slow) Catch with increasing control and accuracy 	<ul style="list-style-type: none"> Develop different ways of throwing and catching. 	<ul style="list-style-type: none"> Consolidate different ways of throwing and catching, and know when each is appropriate in a game. 	<ul style="list-style-type: none"> Throw and catch accurately and successfully under pressure in a game.
Attacking and Defending						
<ul style="list-style-type: none"> Play a range of chasing games 	<ul style="list-style-type: none"> Begin to use the terms attacking and defending Use simple defensive skills such as dodging to get past a defender 	<ul style="list-style-type: none"> Begin to use and understand the terms attacking and defending. Use at least one technique to attack or defend to play a game successfully 	<ul style="list-style-type: none"> Use simple attacking and defending skills in a game Use fielding skills to stop the ball from travelling past them. 	<ul style="list-style-type: none"> Use a range of attacking and defending skills and techniques in a game. Use fielding skills as an individual to prevent a player from scoring. 	<ul style="list-style-type: none"> Choose the best tactics for attacking and defending Shoot in a game Use fielding skills as a team to prevent the opposition from scoring 	<ul style="list-style-type: none"> Think ahead and create plan of attack or defence Apply knowledge of skills for attacking and defending Work as a team to develop fielding strategies to prevent opposition from scoring



Striking and hitting a ball						
Reception	Y1	Y2	Y3	YR 4	YR 5	YR 6
<ul style="list-style-type: none"> Hit a ball with a bat or racquet 	<ul style="list-style-type: none"> Use hitting skills in a game Practise basic striking, sending and receiving 	<ul style="list-style-type: none"> Strike or hit a ball with increasing control Learn skills for playing striking and fielding games Position the body to strike a ball 	<ul style="list-style-type: none"> Demonstrate successfully hitting and striking skills Develop a range of skills in striking (and fielding where appropriate) Practise the correct batting technique and use it in a game Strike a ball for distance 	<ul style="list-style-type: none"> Use a bat, racquet or stick to hit a ball or shuttlecock with accuracy and control Accurately serve underarm Build a rally with a partner Use at least two different shots in a game situation Use hand-eye coordination to strike a moving and stationary ball 	<ul style="list-style-type: none"> Use different techniques to hit a ball Identify and apply techniques for hitting a tennis ball Explore when different shots are best used Develop a backhand technique and use it in a game Practise techniques for all strokes 	<ul style="list-style-type: none"> Hit a bowled ball over longer distances Use good hand-eye coordination to be able to direct a ball when striking or hitting Understand how to serve in order to start a game
Passing a ball						
<ul style="list-style-type: none"> Kick an object at a target 	<ul style="list-style-type: none"> Pass the ball to another player in a game. Use kicking skills in a game 	<ul style="list-style-type: none"> Know how to pass the ball in different ways 	<ul style="list-style-type: none"> Pass the ball in two different ways in a game situation with some success 	<ul style="list-style-type: none"> Pass the ball with increasing speed, accuracy and success in a game situation 	<ul style="list-style-type: none"> Pass a ball with speed and accuracy using appropriate techniques in a game situation 	<ul style="list-style-type: none"> Choose and make the best pass in a game situation and link a range of skills together with fluency, e.g. passing and receiving the ball on the move



Possession						
		<ul style="list-style-type: none"> Know how to keep and win back possession of the ball in a team. 	<ul style="list-style-type: none"> Occasionally contribute towards helping their team to keep and win back possession of the ball in a team game 	<ul style="list-style-type: none"> Keep and win back possession of the ball effectively in a team game 	<ul style="list-style-type: none"> Keep and win back possession of the ball effectively and in a variety of ways in a team game 	
Using space						
<ul style="list-style-type: none"> Move safely around the space and equipment Travel in different ways, including sideways and backwards 	<ul style="list-style-type: none"> Use different ways of travelling directions and pathways Run at different speeds Begin to use space in a game 	<ul style="list-style-type: none"> Use different ways of travelling speeds and following different pathways, directions of courses Change speed and direction whilst running Begin to choose and use the best space in the game 	<ul style="list-style-type: none"> Find a useful space and get into it to support teammates 	<ul style="list-style-type: none"> Make the best use of space to pass and receive the ball 	<ul style="list-style-type: none"> Demonstrate an increasing awareness of space 	<ul style="list-style-type: none"> Demonstrate a good awareness of space